



Seven Stars Academy Affiliated to CBSE, New Delhi

Class -VII SANSKRIT(संस्कृतिः) SESSION – 2022-23

MONTHS	CHAPTERS	EXAM
Mar	बालगीतम-वर्षाजलम- प्रार्थना 1. वार्तालापः (लट-लृटलकारयोः आवृत्तिः) 2. लड०लकारः (प्रथमः पुरुषः) परिशिष्टम--(क)शब्दरूपाणि-अकारान्त(पु०), अकारान्त(स्त्री०)	CT
April	3. लड०लकारः (मध्यमः पुरुषः) 4. लड०लकारः (उत्तमः पुरुषः) परिशिष्टम--(ख)शब्दरूपाणि-लटलकार	CT
May	5. लोटलकारः (आज्ञासूचकः) परिशिष्टम--(ग)वर्णविचार (घ)उच्चारण स्थानानि (ख)धातुरूपाणि लृटलकार	CT
June	परिशिष्टम-- (क) शब्दरूपाणि-इकारान्त-पु०, स्त्री० (ड.) कारकप्रकरणं	CT
July	REVISION	1 ST TERM
Aug	बालगीतम-शुकः 6. सुमधुराः श्लोकाः 7. प्रत्ययप्रयोगाः (क्त्वा, तुमुन्, ल्यप- प्रत्ययाः) परिशिष्टम-- (क) शब्दरूपाणि-ईकारान्त-स्त्री०, ऋकारान्त-पु० (ख)धातुरूपाणि- लड०लकार	CT
Sept	8. स्वास्थ्यस्य रक्षा (विधिलिड०लकारः) 9. स्वादिष्टम- भोजनम् परिशिष्टम- (क) शब्दरूपाणि- ऋकारान्त स्त्री०, (ख)धातुरूपाणि- लोटलकार	CT
Oct	10. मम दिनचर्या परिशिष्टम- (च) उपपद विभक्तिः (छ) संख्यावाचकशब्दाः, पूरणवाचक शब्दाः (ज)सन्धिप्रकरणम्-	CT
Nov	REVISION	2 ND TERM
Dec	बालगीतम- देवेशरचितः संसारः गोलाकारः 11. वार्तालापः 12. नीतिश्लोकाः परिशिष्टम- (क) शब्दरूपाणि- सर्वनामशब्दाः स्त्री०, पु० (ख)धातुरूपाणि- विधिलिङ	CT
Jan	13. चतुरः काकः 14. हास्यलापाः 15. उपसर्गाः परिशिष्टम- (अ) कृत- प्रत्यायः (च) विलोमशब्दाः, (ट) सामान्यज्ञानम्- (ख) शब्दरूपाणि - सर्वनामशब्दाः (नपु०)	CT
Feb	REVISION	3 RD TERM



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Class-VII हिंदी नूतन उदभव + रचनात्मक व्याकरण SESSION – 2022-23

MNTH	CHAPTERS	EXAM
Mar	1. मातृ -भू शत - शत बार प्रणाम <u>व्याकरण</u> 1. भाषा, लिपि और वर्तनी 2. शब्द निर्माण 17. अपठित बोध 18. संप्रेषणपरक रचनाएँ - मौखिक और लिखित	CT
April	2. आत्मनिर्भरता <u>व्याकरण</u> 3. संधि 4. शब्द भेद 19. पत्र लेखन	CT
May	3. बोध <u>व्याकरण</u> 5. शब्द भण्डार 20. ई - मेल करना	CT
June	अतिरिक्त पठन - एक गीत की कहानी 4. मीरा के पद <u>व्याकरण</u> 6. संज्ञा और उसके विकारक(लिंग, वचन, कारक) 24. निबन्ध-लेखन	CT
July	REVISION	1 ST TERM
Aug	5. देवताओं का अंचलः कुल्लू 6. गौरा, अतिरिक्त पठन - कुदरत की लग <u>व्याकरण</u> 7. सर्वनाम 8. विशेषण 17. अपठित बोध	CT
Sept	7. चले गाव के ओर <u>व्याकरण</u> 9. क्रिया 10. काल 19. पत्र लेखन	CT
Oct	8. भोलाराम का जीव <u>व्याकरण</u> 11. वाच्य 21. श्रुतभाव ग्रहण 22. विज्ञापन लेखन 24. निबंध लेखन	CT
Nov	REVISION	2 ND TERM
Dec	9. राजा और प्रजा, अतिरिक्त पठन - मुखर्धिराज, 10. तूफानों के ओर <u>व्याकरण</u> 12. अविकारी शब्द 13. वाक्य 14. शुद्ध भाषा कैसे लिखें 17. अपठित बोध	CT
Jan	11. शाश्वतार्थ 12. रामेश्वरम से राष्ट्रपति भवन तक अतिरिक्त पठन - सकारात्मक ऊर्जा का प्रकाश <u>व्याकरण</u> 15. विराम चिह्न 16. मुहावरे और लोकोक्तियाँ 19. पत्र लेखन 23. अनुच्छेद-लेखन 24. निबंध लेखन	CT
Feb	REVISION	3 RD TERM



CLASS-VII MATHEMATICS (MATHS ACE)

MNTH	CHAPTERS	EXAM
March	1. Integers 10. Properties of Triangles (pg.-137 and 138)	CT
April	2. Fractions 11. Symmetry (pg.- 154) 16. Data Handling (pg.- 214 and 225)	CT
May	3. Decimals 12. Visualising Solid Shapes (pg.- 166 and 169)	CT
June	9. Lines and Angles 13. Congruence of Triangles (pg.-181) 14. Constructions (pg.-194)	CT
July	REVISION	1ST TERM
Aug	4. Rational Numbers 10. Properties of Triangles (pg.-139 to 144) 16. Data Handling (pg.- 226)	CT
Sept	5. Powers and Exponents 11. Symmetry (pg.-156 to 158) 14. Constructions (pg.- 196)	CT
Oct	6. Algebraic Expressions 12. Visualising Solid Shapes (pg.-169 and 170) 13. Congruence of Triangles (pg.- 183)	CT
Nov	REVISION	2ND TERM
Dec	7. Simple Linear Equations 10. Properties of Triangles (pg.-144) 12. Visualising Solid Shapes (pg.-171 to 173)	CT
Jan	8. Comparing Quantities 15. Perimeter and Area 13. Congruence of Triangles (pg.-187) 16. Data Handling (pg.-230 to 235)	CT
Feb	Revision	3rd Term



SESSION – 2022-23

CLASS – VII SCIENCE (Universal Science)

MNTH	CHAPTERS	EXAM
March	4. (Phy) – Heat and Temperature 3. (Che) - Animal Fibres	CT
April	1. (Bio) - Nutrition In Plants 5. (Che)- Matter and Chemical Formulae 13. (Phy)- Time And Motion	CT
May	2. (Bio) – Nutrition in Animals	CT
June	8. (Bio) – Weather, Climate and Animal Adaptations	CT
July	Revision	1ST TERM
Aug	14. (Phy) – Winds, Storms and Cyclones 6. (Che) – Acids, Bases and salts 10. (Bio)- Respiration in Organisms	CT
Sept	11. (Che) – Transportation and Excretion 15. (Phy) – Light and Associated Phenomena	CT
Oct	7. (Che) –Physical and Chemical Changes 12. (Bio) –Reproduction in Plants	CT
Nov	Revision	2ND TERM
Dec	16. (Phy) –Electric Current and Simple Circuits 9. (Che) –Soil: A Natural Resource	CT
Jan	17. (Che) –Water- A Life- giving Liquid 18. (Bio) – Forests and their Conservation 19. (Bio) –Management of Wastewater	CT
Feb	Revision	3RD TERM



SESSION – 2022-23

CLASS-VII SOCIAL SCIENCE (New Longman VISTAS)

MNTH	CHAPTERS	EXAM
March	1. (His) –India in the Medieval Period 1. (Geo) -Our Environment 1. (Civ)- Democracy and Equality 2. (Civ)- Institutions of Democracy	CT
April	2. (His) –Emergence of New Kingdoms [700-1200CE] 2. (Geo) -The Structure of The Earth 3. (Civ)- State Government 4. (Civ)- Working of the State Government	CT
May	3. (His) –The Sultans of Delhi 3. (Geo) –Earth Movements and Major Landforms	CT
June	4. (His) –The Mughal Empire 4. (Geo) –Composition and Structure of the Atmosphere	CT
July	Revision	1ST TERM
August	5. (His) –Rulers and Their Buildings 5. (Geo) –Elements of Weather and Climate 5. (Civ) –Gender and Gender Inequality 6. (Civ) – A Woman’s World	CT
Sept	6. (His) - Towns, Traders And Craftsmen 6. (Geo) – Water and its Circulation 7. (Civ) – Understanding Media	CT
Oct	7. (His) – Social Change in the Medieval Period 7. (Geo) –Natural Vegetation and Wildlife 8. (Geo) – Human Environment 8. (Civ) – Advertising	CT
Nov	Revision	2ND TERM
Dec	8. (His) –Religious Ideas in Medieval Period 9. (Geo) –Life in Tropical and Sub- tropical Regions 9. (Civ) – Markets Around Us 10. (Civ) - Markets and Intermediaries	CT
Jan	9. (His) –Regional Cultures 10. (His) –Rise of Autonomous States in the Eighteenth Century 10. (Geo) –Life in Temperate Regions 11. (Geo) – Life in Desert Regions – Sahara and Ladakh 11. (Civ) –Striving for Assessment	CT
Feb	REVISION	3RD TERM



Class – VII GENERAL KNOWLEDGE (KNOW AND GROW WITH DEREK)

MNTH	CHAPTERS	EXAM
March	1. Indian Firsts 2. Bharat Ratna and Other Awards 3. Taste of India 4. The Grand Slams 5. The World of Martial Arts 6. Identify the Sport 7. Reported Speech 8. Let Us Improve Our English	CT
April	9. Quantifiers 10. British and American English 11. Trees of India 12. Interesting Trees 13. Man’s Best Friend 14. Rodents 15. Environmental Pollution 16. Natural Wonders	CT
May	17. Elements 18. Medical Machines 19. The Circulatory System 20. Diseases	CT
June	21. Branches of Science 22. Codes 23. Brain Teasers 24. Non- Verbal Reasoning	CT
July	Revision	1ST TERM
Aug	25. Think Before You Answer 26. Indian Film Awards 27. The Oscar Goes to 28. The World of Harry Potter 29. The Better Thing to Do 30. Keeping Fit with Yoga 31. Dos and Don’ts While Eating 32. Art and Painting of India	CT
Sept	33. Temples of India 34. Government of India 35. India Under British Rule 36. History of India 37. IPL Stars 38. Swimming 39. Cricket World Cups	CT
Oct	40. Winter Olympics 41. Indian Words in English 42. Simple to Compound 43. Confusing Words 44. Gerunds and Infinitives 45. Prepositions 46. Nutrition in Plants	CT
Nov	Revision	2ND TERM
Dec	47. Plants 48. Animal Quiz 49. Great Explorers 50. The Nobel Prize 51. The Scare of Pollution 52. Interesting Inventors 53. Time and Motion 54. Indian Scientist 55. Science Mixed Bag 56. Mental Exercise	CT
Jan	57. Brain Game 58. Work It Out 59. Indian Authors 60. Great Composers 61. All the World Is a Stage 62. First Aid 63. Earthquake Survival 64. Tips for Writing Better 65. Communication Skills 66. Child Safety	CT
Feb	Revision	3RD TERM



CLASS - VII COMPUTER (CYBER TOUCH)
SESSION – 2022-23

MNTH	CHAPTERS	EXAM
March	1. NUMBER SYSTEM	CT
April	2. COMPUTER VIRUS	CT
May	3. MICROSOFT WINDOW 7	CT
June	4. ENLIVENING A PRESENTATION	CT
July	Revision	1ST TERM
August	5. MICROSOFT EXCEL 2010	CT
Sept	6. EDITING A WORKSHEET	CT
Oct	7. FORMULAS AND FUNCTIONS	CT
Nov	Revision	2ND TERM
Dec	8. CONDITIONAL STATEMENTS IN BASIC – 256	CT
Jan	9. LOOPING STATEMENTS IN BASIC – 256 10. SOCIETAL INPACTS OF IT	CT
Feb	Revision	3RD TERM